

A Study of Paul's letter  
To the Ephesians  
Chapter 1 : 3-14

Chapter 1: verse 3-14

Every Blessing

Read verses 3-14

*The Spiritual Blessings of Christ*

1. Originally one long sentence. Maybe one long affirmation of prayer. A "Call to Worship"

**What are these, Blessings? Pg. 11**

1. We have been blessed with **every** spiritual blessing. In the heavenly places. V.3
  - a. *Can we explain what that means?*
  - b. We have already been blessed.
  - c. Jesus has been enthroned over all evil power.
  - d. We have already been raised to be seated with Christ.
2. What are these Spiritual blessings (Page 12)
3. How do we access these blessings?
4. What are Paul's top three blessings mentioned in his letter?
  - a. Being chosen for adoption.
  - b. Being redeemed for unity by the Son.
  - c. Being sealed for inheritance by the Spirit.

**Chosen by God Pg. 13**

1. He chose us before the foundation of the world.
2. He predestined us for adoption to himself as sons.
3. Through Jesus Christ.
4. According to the purpose of his will.
5. (*Why?*) to the praise of his glorious grace, which he has blessed us in, The Beloved.
  - a. *Can we explain what that means?*
6. Arguments against the doctrine of election:
  - a. It undermines the efforts or need for evangelism.
  - b. It undermines humility.
  - c. It undermines holiness (*our effort to strive for holiness*)

A Study of Paul's letter  
To the Ephesians  
Chapter 1 : 3-14

7. According to our book what are the counter arguments for these? (*Pages 15-16*)
  - a. Evangelism
  - b. Humility
  - c. Holiness

/

**Chosen for Adoption**

1. God has chosen us in Christ for rebirth and adoption into God's family. He has chosen to unite us with his Son by faith to enjoy the Son's privileges.
2. Benefits of adoption.
  - a. Enjoy the tender love of the father.
  - b. Enjoy the father's constant attention.
  - c. Enjoy the comfort of God's global family.
  - d. We share the inheritance of the Son.
  - e. Adopted as a son. (*consider the historical significance of of this illustration.*)

**The Spiritual Solar System** (*Page 17*)

1. The problem with judgement. Does anyone really deserve it?
  - a. Adoption is the solution.
2. Sinners might believe that God and the world revolves around us.
3. Why would God choose or allow us any part of his world in the future?
4. Do we understand the significance and implications of having been chosen for adoption by the father.

A Study of Paul's letter  
To the Ephesians  
Chapter 1 : 3-14

**Redeemed** (*page 19*)

1. Redemption – liberation from slavery upon payment of a ransom.
2. The natural condition of sinners – even though we have are free from the deceptive lies of satan by the liberating truth of God, we often wander back into the filthiness of our cells like slaves.
3. How is freedom possible? *V-7-8*
  - a. Death from all our freedom. *We only deserve death*
  - b. Christ was sacrificed in our place, for our sins. The penalty has been fully satisfied.
4. Why would God do such thing when we have treated him with such contempt?
  - a. God redeemed us only because of the abundant depth of his grace.
5. So what?
  - a. We are able to enjoy the freedom of fear – eternal damnation for our sinfulness and sinful nature.
  - b. We have freedom from guilt. That fear that we have or will constantly disappoint God.
  - c. We have been redeemed from punishment and for something much greater.

**Redeemed for Unity**

1. God's awesome plan is to bring unity to all things in heaven and on earth in Christ. (*page 22*)
2. All things will come together under Christ. The focus is not us but Christ.
3. We are redeemed by and united under the rule of, Christ.
  - a. The focus is not the unity, but the unity under Christ.

**Sealed**

1. The third benefit is that are sealed for inheritance by the Spirit.
  - a. All are included in the inheritance “when you heard the message of truth. The Gospel of your salvation AND believed in him. (*v-13*)
  - b. When we believe we were sealed with the promise of the Holy Spirit.
    - i. Seal – a mark of ownership
  - c. The seal is a deposit *on our inheritance* (*v-14*) until we acquire possession of it.
2. The assurance of salvation for anyone who believes the Gospel.

A Study of Paul's letter  
To the Ephesians  
Chapter 1 : 3-14

**Two Phrases, Fout Times.**

1. The blessings have been granted according to his will.
  - a. Everything is being executed by God exactly according to his will and purpose.
2. Our blessings are intended to be “to the praise of his glory.